



The
SolLuna
SANCTUARY™

Thérèse Eve Prentice

**Sensual Living Guide + Curator
Founder of SolLuna Sanctuary**

If you're seeking a speaker who can pierce through the noise and connect with your audience's deepest longing, Thérèse Prentice is your woman. Known as the Sensual Living Guide + Curator, Thérèse has devoted more than 40 years to guiding women into intimacy with themselves, teaching them to reclaim their truth, embody presence, and create lives so good they no longer need to escape from them.

With a presence that is both magnetic and grounding, she weaves personal story, ancestral wisdom, and practical tools into an experience that is equal parts inspiring and transformative.



SIGNATURE TALK

"Why Am I Exhausted Even After Doing Everything Right?"

So many women are burned out despite following all the rules—working hard, taking care of everyone, checking every box. Yet, they still feel unfulfilled, tired, and disconnected.

In this keynote, Thérèse unpacks why exhaustion is not a failure but a signal—a sacred invitation to shift. She reveals:

- ✓ **How self-awareness is the key to breaking free from cycles of burnout.**
- ✓ **Why intimacy, not productivity, is the missing piece to feeling whole.**
- ✓ **How astrology, cardology, and LifeMapping offer roadmaps back to alignment.**
- ✓ **The power of living Rooted + Sacred + Real in a world that glorifies hustle.**

Audiences leave not only with insight, but with a felt sense of possibility: that exhaustion can become the doorway into ease, grace, and flow.

ADDITIONAL SIGNATURE TOPICS

- **From Hustle to Flow – The Sensual Living Path to Ease + Freedom**
- **Intimacy as Power – Self-Awareness for Deeper Connection**
- **LifeMapping – Astrology as Your Life Roadmap**
- **Sacred Simplicity – Redesigning Life + Home as Sanctuary**
- **Pleasure as Medicine™ – Awakening the Senses as Healing**
- **The Hidden Threads of Your Life™ – Living in Frequency + Flow**

WHY AUDIENCES LOVE THÉRÈSE

Thérèse doesn't just speak—she transmits. Her talks are a living experience where practical wisdom meets soul. Audiences feel safe, seen, and stirred awake. Event organizers say she leaves the room not only inspired but transformed—her blend of truth-telling, intimacy, and spiritual depth lingers long after the event ends.

Book Thérèse to Speak

Invite Thérèse to your conference, retreat, podcast, or women's gathering for a keynote that moves beyond inspiration into true transformation.

CONTACT DETAILS

Please feel free to contact me for any concerns or questions.

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ROOTED IN TRUTH. DRENCHED IN SENSUAL LIVING.

